

7.1.9 Human Values (Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens

We look forward to;

1. Foster awareness among students and employees of the Institution regarding their constitutional obligations, encompassing values, rights, duties, and responsibilities as citizens.
2. Promote a culture of understanding and appreciation among students and employees of the Institution towards their constitutional obligations, including the values, rights, duties, and responsibilities they hold as citizens.\
3. Encourage students and employees of the Institution to familiarize themselves with their constitutional obligations, encompassing values, rights, duties, and responsibilities as citizens, through sensitization initiatives.
4. Enhance the knowledge and understanding of students and employees of the Institution regarding their constitutional obligations, including the values, rights, duties, and responsibilities they bear as citizens, through targeted sensitization efforts.

Many of our activities are directed to value and moral inculcation. These are mentioned in details in criteria 3.3.3 & 3.3.4 under NCC/NSS & WDC activity reports. Some of them are mentioned under;

Note: As part of societal service and value addition, student NSS camp is organized at selected village for one week The village is adopted for betterment services, cleanliness and awareness programmes. The report of the same at “ Kalitalawadi” Village is attached herewith.

❖ **“181 ABHAYAM HELP LINE AWARENESS” TALK by Santaben chaudhary and Patel Khshboo**

181 Abhayam helpline service launched by the government to protect women from domestic Violence, at the beginning of the program we welcomed Police Head Constable Santaben Chaudhary and counselor Khsboo Patel. College principal Dr.C.S.Zala welcome both of them.

Dial 181 and the abhayam helpline vehicle will come to you address to protect you. Also download help line application. Santaben How can this application helps in any time This gives them accurate information about the facilities by the government for the protection of women was provided. The investigation of the complaint quick steps to be taken and voices against injustice and against women lifting remains inspiring. She also explained some examples of this. At the same time, she gave inspiring suggestions to the students to

be involved in the field of women’s security as well as in the police department.



૧૮૧ અભયમ હેલ્પલાઈન ઉપયોગની સમજ અપાઈ

ભુજની આર.આર. શાહન કોલેજ ખાતે WDC મંતવેલ “૧૮૧ અભયમ હેલ્પલાઈન ઉપયોગ અને એ વિષયક જાગૃતિ અંતર્ગત સેમિનાર યોજવામાં આવેલ, આ સેમિનારમાં ગુસ્તા નટીકે ડૉ. સોનાલેન શોપટી (WLRPC) અને કાઉન્સિલર પુસ્તુબેન પટેલ ઉપસ્થિત રહ્યા હતા, તેમણે વિદ્યાર્થીઓને આ હેલ્પલાઈનથી અવગત કર્યા હતા. કોલેજના આચાર્ય ડા. સી.એસ. શાહાએ પ્રારંભિક ઉદ્બોધન કરતાં કોલેજના WDC CELLની સક્રિયતા અને વિદ્યાર્થીનીઓની સલામતી અંગેના સુચનો કર્યા હતા. WDCCELL ના અધ્યક્ષ ડા. એકતા શોહીએ પ્રારંભિક શ્રવણમાં મનની ઘટનાઓ તેમજ શોપટી પર કેવી રીતે અવાજ ઉઠાવી શકાય, સ્વખ્યાત કેવી રીતે થાય - વગેરે અમતો વિશે વિદ્યાર્થીનીઓને માર્ગદર્શન આપ્યું હતું. કાર્યક્રમમાં મોટી સંખ્યામાં વિદ્યાર્થીનીઓ ઉપસ્થિત રહી હતી અને પોતાના પ્રશ્નોના સંતાપકારક જવાબો મેળવ્યા હતા.સંબંધન ડા.વિલ્હા સંધ્યાએ કહ્યું હતું, અંતમાં આભારવિધિ ડા.પાસલી શોહીએ કરી હતી.



PROMOTION OF COTTAGE INDUSTRY & local art



લાલન કોલેજની છાત્રાઓએ
સખી મેળાની મુલાકાત લીધી

ભુજ, તા. ૨૮ જુલાઈ, ૨૦૨૨.
લાલન કોલેજ ભુજના પુષ્પ
સ્વલોકમન્ડે એજ ઘાટા હાટ
ખાતે આયોજિત સખી મેળાની
મુલાકાતનું આયોજન કરાયું.
અંતુ મુલાકાતના ઉદ્દેશ અલગની
વિદ્યાર્થિનીઓમાં વસ્તુકળા,
સાદીગરી, ગૃહ ઉત્પાદનો, સખી
મેળાની અમુકીરી વગરેથી
પરિચિત કરાવવાનાં હતાં.
આ મુલાકાતમાં કોલેજના
વૃક્ષ સંભાળ આયત્ત ડૉ.
અંકલાબેન જાડેજી, સભ્યો ડૉ.
શિલ્પા હાડિયા, વંતલ મરિયા
અને ડૉ. રેણુ યાદવ ઉપસ્થિત
રહ્યા હતાં.

મેરિયા અને શ્રી રેણુ ઘાટા ઉપસ્થિત રહ્યા હતા.

R.R. Lalan College Sakhi Mela at Bhuj Haat- A Visit Report

A visit to the "Sakhi Mela" at Bhuj Haat in Bhuj had been organized by the Women Development Cell of Lalan College-Bhuj. The purpose of this excursion is to introduce the student to learn home industries, handicrafts, and other Sakhi Mela events. During this visit, the students went to each stall to view the handicrafts, and home industries on exhibition and to learn more about products. Dr.Ektaben Joshi, the chairman of the college's WDC, as well as Members of the WDC Committee Dr Shilpa Hadia, Ms. Hetal Meriya, and Mrs.Renu Yadav were also present there.

Shree R. R. Lalan College
Woman Skill Development Program
Report

As a part of the celebration of "Mahila Sashakti karan" for the years 2022-2023, the Women Development Cell, R.R. Lalan College has organized a number of events on 6th August 2022. A competition for the best traditional food dish and Fasting dish (Farali) was held at R.R. Lalan College as part of a campaign to improve the health of women. In this activity, the students themselves cooked and displayed a variety of traditional and fasting dishes. In which the student took an active participation and the result is declared as following.

Traditional food dish winner:

First Rank: Devanshi Gohel

Second Rank: Urvashi Gajjar

Third Rank: Trupti Palan

Fasting food dishwinner:

First Rank: SamejaMahedi

Second Rank: DeerghaShukala

Third Rank: Divya Vaghela

Dr. Chaitali Thakkar and Mehul Shah rendered services as judges for this programme. The students should also be motivated and inspired to ensure the success of the overall programme. Dr C.S. Zala, R. R. Lalan College's principal, gave encouraging speech to the student. The WDC Committee Chairman Dr Ekta Joshi, Members Dr Pallavi Chauhan, Dr Shilpa Hadiya, Ms. Hetal Meriya, and Dr Renu Yadav, as well as the entire team, increased the effectiveness of the entire programme.



બુજની લાલન કોલેજમાં મિલેટ ડેની ઉજવણી કરાઈ

બુજની આર.આલ. લાલન કોલેજ અને અધ્યાપક વિભાગ દ્વારા મિલેટ ડેની ઉજવણી કરવામાં આવી હતી. પ્રાચીન વેદવ્યવસ્થામાં કોલેજના અધ્યાપક ડૉ. સી.એલ. ગાંધીએ પ્રારંભિક સંદર્ભમાં માટે જાણ અપાવતું પાઠ્ય, જાણ અપાવતું આરતીપ અર્ચનનમાં અભ્યાસ અને આરતીપ મેટ્રોની આલિષ્ટ સંપાદના માટે કૃત્યુ પાઠ્યનું છે એના વિષયની અધીની આવી હતી.

આ ઉજવણીમાં વિભાગનાં વિદ્યાર્થીઓ અને અધ્યાપકોએ આજીર્ષી, મકાઈ, જુવાર, ચોખ્ખા, ગોળ અને શુક્ર પાચનથી ઘાટા તેવર કરેલી આલિષ્ટ વાનગીઓ રજુ કરી હતી.

અધ્યાપકો અને વિદ્યાર્થીઓએ સમુદાયમાં આલિષ્ટ વાનગીઓ આહારી હતી.

કાર્યક્રમનું સંચાલન ડૉ. સંજયભાઈ ઠાકરે અને આચાર્યશ્રી રામકીશન



14-02-2023

લાલન કોલેજમાં વાનગી બનાવીને મિલેટ ડે ઉજવાયો

જુજી લાલન કોલેજની આર.આલ. લાલન કોલેજ અને અધ્યાપક વિભાગ દ્વારા મિલેટ ડેની ઉજવણી કરવામાં આવી હતી. પ્રાચીન વેદવ્યવસ્થામાં કોલેજના અધ્યાપક ડૉ. સી.એલ. ગાંધીએ પ્રારંભિક સંદર્ભમાં માટે જાણ અપાવતું પાઠ્ય, જાણ અપાવતું આરતીપ અર્ચનનમાં અભ્યાસ અને આરતીપ મેટ્રોની આલિષ્ટ સંપાદના માટે કૃત્યુ પાઠ્યનું છે એના વિષયની અધીની આવી હતી.

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અધ્યાપકો અને વિદ્યાર્થીઓએ સમુદાયમાં આલિષ્ટ વાનગીઓ આહારી હતી.

કાર્યક્રમનું સંચાલન ડૉ. સંજયભાઈ ઠાકરે અને આચાર્યશ્રી રામકીશન



**Shri R. R. Lalan College Bhuj
"Celebration of Millets Day"
Report**

With the recommendation of the Government of India the year 2023 is being celebrated as the "Year of Millet" by UN . In keeping view of this matter, in order to create awareness about Millet among the students , on Monday 13/02/2023 at R. R.lalan college by Department of Economics and Women Development Cell of Lalan College was celebrated "Millet Day" . The principal of our Dr. C. S. Jhala gave information about the importance of coarse grains for physical health, the importance of coarse grains in the Indian economy and how important it is for the economic well-being of Indian farmers.

In the "Millet Day" celebration, the students and faculty of the department presented delicious dishes prepared by themselves from millet, corn, sorghum, rice, jaggery and pure cow ghee .

Activities Conducted

1. International Day of Yoga

Date: 21 Jun 2021

No. of Cadets: 39

International Day of Yoga was organized at R R Lalan College Bhuj. 15 Cadets along with whole staff of our college gathered at garden. Dr Mehul Shah, Head of Sanskrit Department guided the staff and students as trainer. Different type of yoga's was practiced along with Surya namaskar and Pranayama. He mentioned the benefits of each yoga position along with training. Other cadets were present at NCC unit for the celebration there.



ENVIRONMENT CARE

2. Campus Cleaning rally under the 'say no to single use plastic' event organized by Agrocell industries on occasion of shri Vivekanand Nirvana day

Date: 04 July 2022

No. of Cadets: 9

Shree R R Lalan college organized a Campus cleaning rally "Say No to Single Use Plastic" in cooperation with Agrocell Industries on the Occasion of Nirvan Day of Swami Vivekanand. 9 NCC Cadets and Students for Biology Department Collected the waste and plastic material from the college campus and disposed it properly in garbage bins. Students also Learned about the ethical value to take from the life of Swami Vivekanand and importance of not using plastic and other good practices toward the nature.



3. Triranga Yatra Rally

Date: 12 Aug 2022

No. of Cadets: 45

Shree R R Lalan college Joined the Triranga Yatra Rally organized by KSKV Kachchh University. Staff of our college along with other colleges and school gathered at Jubilee circle ground where Vice chancellor and Registrar Started the Rally from the Jubilee circle which went through Jubli circle, NCC Office, Bus station, Hamirsar lake, to Jilla seva sadan. NCC Cadets from the Lalan college led the rally.



6. Drug and alcohol prevention week celebration

Date: 02 Oct 2022

No. of Cadets: 27

Abstinence and excise department of Bhuj Celebrated the Drug and alcohol prevention week at our college in which NCC cadets were present. Swamis From the Swaminarayan temple Bhuj Were the guest honour. In Gave the lecture on the misuse and Bad habit of alcohol and drugs, as it ruins today youth. Cadets were given the refreshment and then the rally was started from college to Jubilee circle Bhuj.



11. World Water Day celebration

Date: 22 March 2023

No. of Cadets: 46

Cadets of our college Celebrated the world water day by poster making competition. Cadets drew many beautiful posters with slogan for water harvesting and saving



2. Kargil Divas Blood Donation Camp Organized by NCC Unit

Date: 26 July 21

No. of Cadets: 2

Blood Donation Drive is Organized by NCC Unit Every year to provide blood to the local Hospitals. Both navy and army wing of NCC Organized this camp. Donation camp was Supported by Red Cross Society and was held at 5 Guj Naval NCC, bhuj. 50 Cadets form Different Colleges participated in this event and donated blood and plasma as well. 2 cadets from our college participated and donated blood. Over all 44 cadets, 1 ANO, 08 PI staff personnels donated the blood.



Cadets and PI Staff Donating blood during Camp in presence of Commanding Officers of 5 Guj Naval and 36 Guj BN NCC

3. Fit India Run Marathon

Date: 18 Sept 2021

No. of Cadets: 6

NCC unit along with KSKV Kachchh University organized a Fit India Run Marathon for the celebration of Azadi ka Amrit Mahotsav. Six NCC Cadet from Our college Participated in this event which was hold at Kachchh University. The marathon was started form Kachchh University Campus and Ended at NCC Unit. Gusai Shivam, Cadet of Our College emerged as the victor at the end of the marathon. NCC Pi Staff And University officials also attended this event.



6. Blood donation At Shree R R Lalan College

Date: 09 April 2022.

No. of Cadets: 120

Shree R R Lalan College Organized a Blood donation camp at college campus. NCC cadets of college handled the event. The event was collaborated with Redcross society, Bhuj and Mrs. Meera along with their team from the organization remained present at campus. Pi staff from NCC Unit and Other students from all department along with their staff remained present. Commanding officer of 36 Guj Bn NCC Col. Hembrom also visited the college during camp.

Principal Welcomed the guest, staff and students he explained the importance of Blood donation. 46 Peoples donated the blood in this drive, which includes the NCC cadets, College student, College staff and Pi staff from NCC Unit.



7. Cleaning of Adopted statues and surrounding area

Date: 28 Nov 2021

No. of Cadets: 15

NCC Cadets of R R Lalan college Bhuj has adopted the Statue of Swami Vivekanand near Hamirsar Lake. As part cleaning awareness 15 cadets of our college reached location at 10 am with the Broom, Bucket, and cleaning clothes and started cleaning the dust form the statue. After cleaning dust and collecting litter from around the statue, the washed the statue with water. Surrounding area was also cleaned during the campaign. Cadets Were provided refreshments after the activity.



Cadets of R R Lalan College with CTO Nayan Bhava Cleaning the Statues and public places.

7. Armed forces flag day celebration

Date: 07 Dec 2010

No. of Cadets: 40

The main objective of the Armed Forces Flag Day is to collect the funds from people for the betterment of the Armed Forces staff just by selling patches, stickers, and other items. On 28th August 1949, the Ministry of Defence decided to celebrate this day, to honour the soldiers, sailors, and airmen. This day celebration intends to tribute the valiant and martyred soldiers and to revamp the harmony of citizens. The annual celebration is focused to provide rehabilitation to the war victims, resettlement, and well-being of the ex-servicemen personnel. Hence, the Armed Forces Flag Day celebration reinforces the cultural connection among the Indians and the Armed Forces personnel.



3. Cadets Collecting Fund for the veteran Soldiers during Armed Forces Flag Day

The

14. #EKMAISAUKELIYE Phase 2: Visit to Old age homes during pandemic

Date 23 Jun to 03 Jul 2021

No. of Cadets: 08



4. NCC Cadet Visited Old age homes During pandemic lockdown.

NCC Cadet of R R Lalan college volunteered themselves to Fight the corona virus spread and they helped Local Police force in maintaining social distance, Use of Mask etc. They Worked in Covid control room on covid helpline desk to assist the people during crisis.

Activities Conducted

1. Mega pollution Awareness Pakhavada Rallies

Date: 01 to 11 Jul 2019

No. of Cadets: 46



1. Ano, PI Staff, and Cadets During Mega Pollution Awareness Rally.

As a part of mega pollution awareness pakhvada program cadets from various institution gathered at NCC unit and started the rally Led by ANOs and PI Staff. Rally passed through major location Like Jubilee circle, hospital road and back to NCC Unit.



3. Cadets of R R Lalan College Bhuj making mask and maintaining covid -19 Protocol in Bhuj city.



5. Cadets Urvashiba Sodha at Mountaineering camp Manali



NOMINAL ROLL OF CDT FOR ONLINE PDSB BAPYAH PHASE II								
SR. NO.	REGD. NO	RANK	NAME OF CADETS	DOB	NAME OF NCC BN	NAME OF NCC GP	YEAR OF NCC TRG	EMAIL ID
1	12080001	CADET	JAZJHA CHOPALSA KHENGARU	13/06/2001	1 GUJARAT (II) COY NCC	NCC GROUP HEADQUARTERS	2 ND YEAR	04040000012080001@ncc.gov.in
2	12080002	CADET	ALHARSHVI AKASH BRUNALDIPRAAD	19/10/2001	1 GUJARAT (II) COY NCC	NCC GROUP HEADQUARTERS	2 ND YEAR	040400000212080002@ncc.gov.in



Girls Cadets Sodha Urvashi and Baradiya Dharati with Collector shri Remya Mohan for the fund raising on Armed Forces Flag Day.

The NCC cadets from our college led by Langa Izaz came to the NCC office at the college. They visited every classroom and department and raised money from students and teachers. Various stickers were distributed to students and teachers for their contributions. Cadets and CTO Divyang Patel went to Collector office and other government organizations as well for the fundraiser.

ADOPTION OF VILLAGES



Day 5 – The fifth day was taken over by the faculty members of Economics department of the college. They collected census data of the village and conducted a survey of the demographics.



Day 6 – The volunteers were taken to trek Chandrua hill and shared their experiences with other teams.

Day 7 – The camp valedictory function was held at the college.



Shree R.R. Lalan College, Bhuj

Reports on NSS Activities

Name of the Activity:Thalassemia Test Camp

Date: 18 March 2023

Venue:Room 133 - SPIPA ROOM

Objectives: to raise awareness about Thalassemia among students.

Short Description: R RLalan College Bhuj organized a Thalassemia Test Camp on 18th March 2022, hosted in Room 133 (SPIPA ROOM). The event focused on raising awareness about Thalassemia among students. Thalassemia is a genetic blood disorder, and early detection is crucial for effective management. The camp provided students with an opportunity to undergo Thalassemia tests, promoting a proactive approach to health. By addressing the importance of early diagnosis, the event aimed to empower students with knowledge about this genetic condition, fostering a sense of responsibility towards their own health.

In this event, NSS volunteers remained present in large number and helped manage the event.







Thalassemia testing

24, 25, 26/07/2019

In accordance with the awareness programme of 17th July, the testing was completed on 24th, 25th and 26th July 2019 in cooperation with the Rotary club wallcity, Bhuj and the Redcross, Bhuj. Around 600 students were tested in this drive. Each was given proper certificate for either negative or positive. The positive students were given personal guidance for what he/she should keep in mind while getting married in the future.



A seminar on Youth and National security

13/01/2020

A seminar in cooperation with Bharat Vikas Parishad, was organised on the subject "Youth and National Security" in the college by NSS. The SP, Kachchh Mr. Makarand Chuahan(IPS) was the speaker. Kachchh is a border district of our country, so the national security becomes very important. Keeping in mind that students from border villages also come to our college for study, we organized this seminar. Around 100 students remained present in the seminar.



Rally on voters' awareness

25/01/2019

For the coming elections of centre, the district administration organised an awareness rally for increasing voting under SWEEP programme. The students from colleges and school were asked to join the rally. We, around 40 NSS volunteers and the programme officer joined the rally and made people aware for the purpose.



Voter awareness and card awareness

Awareness Programme on Ragging and youth crimes

12/01/2019

Ragging is a major issue in colleges of cities. In our college we don't face this type of anti social activity at a large scale, but sometimes we find some small cases of simple ragging with girls or rural students. So, in cooperation with anti ragging cell of the college, we arranged an awareness programme on ragging and laws against it. The city PI Mr. Rana was invited to college for this seminar. He described what is ragging, what its effects are and what are the legal actions that can be taken against ragers. He asked the students to strongly come forward against this crime and inform police regarding even a single case of this ragging. Around 55 to 60 students remained present.





NSS CAMP KALITALAVADI

2022-23 Report



Shri R. R. Lalan College, Bhuj

The N.S.S. camp was held in the village of Kali Talavdi, situated 25 kilometers from Bhuj. A total of 65 students, comprising 35 boys and 30 girls, participated in the week-long camp.

The inauguration ceremony was graced by Mrs. Manjula Bhanderi, the chairperson of Bhuj Taluka Panchayat, alongside the sarpanch, the administrator, school principals, and leaders representing various castes of the village. The principal of the college presided over the function.

Throughout the duration of the camp, the following activities were undertaken:

- Cleaning sessions targeted the school, streets, temples, and Gaushala of the village.
- A diagnostic camp provided health assessments for villagers, with expert allopathic and Ayurvedic doctors from the Government hospital in Bhuj.
- Training sessions imparted knowledge of various recipes to women and girls from the village.
- Counseling sessions focused on health and hygiene, particularly for girls, with the distribution of free sanitary pads.
- Full-day activities were organized in both the boys' and girls' schools, including classes, competitions, and games, with prizes and refreshments provided by volunteers.
- A rally featuring awareness posters traversed the entire village.
- Volunteers inscribed inspirational slogans and maxims on walls and painted pictures on school walls.
- Visits to farms and the Gaushala provided practical knowledge.
- Volunteers conducted an HDI survey of the village, visiting over 100 houses to collect data, during which they observed village life and interacted with residents.
- Teachers from the college delivered lectures in their respective subjects.
- An adventurous hill climbing activity took place on Chandua hill, which included a visit to a religious site of the Matang community at the hilltop. A special lunch was organized by the hill development committee, with a religious leader providing insights into the site's history and significance.
- Games of mind and body were played daily to enhance efficiency and camaraderie among campers.
- The camp concluded with a valedictory function at the foothills, during which volunteers presented a comprehensive report of their activities and findings.

Distinctive Activities:

- Campers with painting abilities adorned the school with beautiful pictures.
- A library room was established in the Gaushala, and 100 books were donated by college students and teachers.
- A scientific HDI survey was conducted for the future betterment of the village.
- Social harmony was fostered within the village.
- College teachers generously provided one day lunch for the campers.
- Campers voluntarily funded prizes and refreshments for school children.

- Villagers prepared food for the campers daily.
- Campers received knowledge of at least 8 other subjects from professors.
- They learned magic tricks from a magician.

Follow-up:

- After health and hygiene lectures, girls were provided with free sanitary pads.
- A comprehensive report based on the HDI survey data was submitted to the government.
- Some students revisited the village to record reactions from residents.

Outcomes:

- Students became more responsible.
- They gained experience in communal living.
- Urban dwellers gained insight into village life.
- Villagers, especially children and women, enjoyed the camp's activities.
- Volunteers engaged in social activities beyond their routine.





Student performing HDI-index activities







Donation of Books to village library by college during NSS camp

School visit by NSS students. Students engaged in school handling and decoration



